

MASTER'S TOUCH *Tips*

In modern cosmetics, oil has long had a dubious reputation – too oily, too heavy, too sticky. Now it is experiencing a boom and justifiably so because the new versions have quite a lot to offer.



Let's get one thing straight right from the start: in truth, oil was never abandoned but it was just cleverly disguised. In every anti-aging cream, in every body lotion and in every deep-conditioning hair treatment, there is a generous portion of oil. All these formulas are based on precisely two substances: oil and water – plus an agent that permanently combines these two contrary partners and prevents the oil from rapidly swimming on top of the water, which wouldn't be very good for daily care. First pure fat and then clear water – who wants that? The third substance in the alliance is known as an emulsifier and is the master of division. It keeps a mixture of microfine, separated droplets of water and oil in flotation and results in coexistence – in the form of velvety creams and the most delicate emulsions. This is not a technique invented by industry, there are predecessors: milk, cream, butter, all of which are emulsions. Chemists can be credited for one thing ... they found out how it works.

THE VALUABLE THING ABOUT OIL

These are mostly fatty acids that can also be found in the skin and just like in foods, unsaturated fatty acids are valuable for care. First and foremost, there are linolenic acids that are better known as omega fatty acids. The higher their content in the oil, the better they are for beauty. The oils from the borage seed and the Peruvian Sacha inchi nut contain a particularly



CASTOR OIL FOR THE HAIR

Ancient beauties used the oil of the castor bean as a balm for brittle, lacklustre hair that can even heal torn areas. This oil has an extraordinary affinity to the keratin of hair and skin. So far, so wonderful. However, this is fairly controversial. It is difficult to remove and takes at least two to three shampoos to get it out of the hair. The «Ricibios» oil bath uses the positive effects of castor in a specially prepared treatment. As part of a professional intensive salon treatment. The oil is very thoroughly massaged into the hair and transported deep within the hair using moist and warm compresses. The reward: visibly recovered hair with shimmering shine.

FROM NATURE'S TREASURE CHEST

Argan oil is particularly precious. The only trees from which these fruits can be picked are located in a small region of Morocco that is a UNESCO-protected biosphere reservation. They are the property of the state and may only be used by the Berbers living there. They contain Argan oil, which is used together with the oil of the Sacha inchi nut in «Luxury Spa Oil» for sensitive, long hair. Lady's smock oil is extracted from the seed of a North American genus of the plant. It is composed of 95 percent unsaturated fatty acids, is extremely conditioning and ultra light. It is combined with vitamin-rich avocado oil in «Huile Nourrissante» for sensitive and dry scalps. Borage oil is a real treat for the skin. It gives it silky softness and calms and regenerates it. It is contained in a highly concentrated form in the apricot-coloured capsules of «La Capsule».